



Clinical Trial Details (PDF Generation Date :- Wed, 28 Jul 2021 09:41:02 GMT)

CTRI Number	CTRI/2020/07/026820 [Registered on: 27/07/2020] - Trial Registered Prospectively	
Last Modified On	26/07/2020	
Post Graduate Thesis	No	
Type of Trial	Interventional	
Type of Study	Drug Ayurveda	
Study Design	Randomized, Parallel Group, Placebo Controlled Trial	
Public Title of Study	Curcumin for COVID-19 Pre Exposure Prophylaxis	
Scientific Title of Study	Curcumin for COVID-19 Pre Exposure Prophylaxis: A Randomised Controlled Trail	
Secondary IDs if Any	Secondary ID	Identifier
	NIL	NIL
Details of Principal Investigator or overall Trial Coordinator (multi-center study)	Details of Principal Investigator	
	Name	Rohit Walia
	Designation	Assistant Professor Incharge Electrophysiology , Heart Failure Special Clinic
	Affiliation	All India Institute of Medical Science Rishikesh
	Address	Room number 25103 , Department of Cardiology , All India Institute of Medical Science , Rishikesh . Dehradun UTTARANCHAL 249203 India
	Phone	8800492549
	Fax	
	Email	rwalia7731@yahoo.in
Details Contact Person (Scientific Query)	Details Contact Person (Scientific Query)	
	Name	Rohit Walia
	Designation	Assistant Professor Incharge Electrophysiology , Heart Failure Special Clinic
	Affiliation	All India Institute of Medical Science Rishikesh
	Address	Room number 25103 , Department of Cardiology , All India Institute of Medical Science , Rishikesh . Dehradun UTTARANCHAL 249203 India
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Email	rwalia7731@yahoo.in			
Source of Monetary or Material Support	Source of Monetary or Material Support			
	> All India Institute of Medical Science Rishikesh , Virbhadra Road , Barrage , Dehradun , Uttarakhand , India . Pin 249203			
Primary Sponsor	Primary Sponsor Details			
Name	Rohit Walia			
Address	Room number 25103 , Department of Cardiology , All India Institute of Medical Science Rishikesh			
Type of Sponsor	Other [Principal investigator]			
Details of Secondary Sponsor	Name	Address		
	NIL	NIL		
Countries of Recruitment	List of Countries			
	India			
Sites of Study	Name of Principal Investigator	Name of Site	Site Address	Phone/Fax/Email
	Rohit Walia	All India Institute of Medical Science Rishikesh	Room number , Department of Cardiology , All India Institute of Medical Science Rishikesh Dehradun UTTARANCHAL	8800492549 rwalia7731@yahoo.in
Details of Ethics Committee	Name of Committee	Approval Status	Date of Approval	Is Independent Ethics Committee?
	All India Institute of Medical Science Rishikesh	Approved	18/07/2020	No
Regulatory Clearance Status from DCGI	Status		Date	
	Not Applicable		No Date Specified	
Health Condition / Problems Studied	Health Type		Condition	
	Healthy Human Volunteers		people at risk of COVID infection - health care workers , diabetes , cardiac patients	
Intervention / Comparator Agent	Type	Name	Details	
	Comparator Agent	Placebo	Placebo Capsule oral twice daily morning evening for 12 weeks	
	Intervention	Curcumin	Oral Curcumin capsule 500 mg twice daily (morning , evening) for 12 weeks	
Inclusion Criteria	Inclusion Criteria			
	Age From	18.00 Year(s)		
	Age To	70.00 Year(s)		
	Gender	Both		
	Details	People at risk of SARS-CoV 2 infection (healthcare professionals , attendants of COVID patients , non COVID patients admitted in hospitals or his risk groups like elderly , cardiovascular patients ,		



	diabetes , obesity) Not having a previous COVID19 diagnosis Not having experienced COVID19 symptoms since 30 th Jan 2020. Not having taken any pre-exposure prophylaxis (HCQ , any other medication or Ayurvedic preparation or food supplement) Having a negative SARS-CoV 2 test before randomisation	
Exclusion Criteria	Exclusion Criteria	
	Details	Any chronic infection Renal failure (CrCl Known history of hypersensitivity to the study drug or any of its components Immune suppressant drugs Recent vaccination within 2 month Pregnancy Primary Immunodeficiency states • Anemia Leukopenia Thrombocytopenia Co morbidities precluding survival required for duration of study follow up
Method of Generating Random Sequence	Computer generated randomization	
Method of Concealment	Sequentially numbered, sealed, opaque envelopes	
Blinding/Masking	Participant and Investigator Blinded	
Primary Outcome	Outcome	Timepoints
	1. SARS-CoV 2 infection rate Using RTPCR	12 weeks
Secondary Outcome	Outcome	Timepoints
	Frequency of respiratory tract infections during course of study using the Wisconsin Upper Respiratory Symptom Survey	12 weeks
	Number of participants with treatment-related adverse events as assessed by CTCAE v5.0.	12 weeks
Target Sample Size	Total Sample Size=200 Sample Size from India=200 Final Enrollment numbers achieved (Total)=Applicable only for Completed/Terminated trials Final Enrollment numbers achieved (India)=Applicable only for Completed/Terminated trials	
Phase of Trial	Phase 4	
Date of First Enrollment (India)	09/08/2020	
Date of First Enrollment (Global)	No Date Specified	
Estimated Duration of Trial	Years=1 Months=6 Days=0	
Recruitment Status of Trial (Global)	Not Applicable	
Recruitment Status of Trial (India)	Not Yet Recruiting	
Publication Details	no	
Brief Summary	Curcumin has been proven to have anti viral , anti bacterial and anti inflammatory properties and immunomodulator. We plan to a randomised controlled trail to study curcumin as pre exposure prophylaxis in healthcare workers and high risk groups and look for Covid infection rates over a period of 12 weeks and look for COVID positivity rates over a period of 12 weeks between curcumin vs. placebo.	