Minutes of Ethics Committee Meeting

The meeting of Institutional Ethics Committee was held on 09.01.2013 at 4.30 pm in the Committee room, I.P.G.T. & R.A., Jamnagar.

The following member remained present.

1. Dr. J.S. Arland - Chairman
2. Prof. R.R. Dwivedi - Member
3. Dr. M.A. Santvani - Member
4. Smt. Manishaben N. Khakhkhar - Member
5. Shri. J.H. Mankodi - Member
6. Smt. Jayshreeben Makwana - Member
7. Dr. S.K. Gupta - Member
8. Dr. A.B. Thakar - Member / Secretary

In the beginning all the members were welcomed by the Chairman and then after the agenda items were taken for discussion as under.

**Agenda Item No. 1**

All the members unanimously confirmed the minutes of the last meeting of IEC held on 24.07.2012

**Agenda Item No. 2**

Following Ph.D (Ayu) projects were taken for discussion and approval by the IEC. Most of the research works have been approved by the IEC and some of with suggestion are approved. Suggestions are noted against the title of theses and will be communicated to the scholars.

1. TITLE: "CLINICAL STUDY ON ROLE OF AGASTYA HARITAKI RASAYANA IN THE MANAGEMENT OF CHRONIC BRONCHITIS"
   SCHOLAR - DR KESHAVA D.V. 
   CO-GUIDE- DR MANDIP GOYAL
   GUIDE - PROF M.S. BAGHEL

2. TITLE: "CONCEPT OF HEALTHY LIVING AS MENTIONED IN AYURVEDIC CLASSICS IN RELATION TO LIFESTYLE DISORDERS" (A CONCEPTUAL AND SURVEY STUDY)
   SCHOLAR- DR.AKHILESH SHUKLA
   CO-GUIDE- DR A.S.BAGHEL
   GUIDE-DR. MAHESH VYAS
3. TITLE: 'APPLIED STUDY OF AHARA KALPANA IN AYURVEDIC CLASSICS'.
   SCHOLAR: DR. KHUSHBU GUPTA               GUIDE: VD. HITESH VYAS
   COGUIDE: DR. MAHESH VYAS

4. TITLE: ‘CRITICAL STUDY ON ‘ADHYATMA DRAVYA GUNA SANGRAHA’ IN RELATION TO ‘SHUBHAASUBHA PRAVRTINIVRTI HETU’ W.S.R TO MANAGEMENT OF ANXIETY’.
   SCHOLAR: DR. APARNA K                     GUIDE: DR. MAHESH VYAS
   COGUIDE: DR. A. S. BHAGEL

   Committee suggested to specify relaxation techniques with duration and time for its practice.

5. TITLE: ‘ROLE OF BHAVANA SAMSUKARA ON GUDUCHI CHURNA AND ITS EFFECT ON TYPE-2 DIABETES MELLITUS’.
   SCHOLAR: ROHIT SHARMA                      GUIDE: PROF. P. K. PRAJAPATI
   COGUIDES: DR. GALIB, DR. V. J. SHUKLA

   Committee suggested that it should be mentioned clearly that whether modern medicine will be allowed to take along with trail drug or it will be withdrawn. Wash out period for anti-diabetic drugs being administered previously should be mentioned clearly if withdrawn. Interval of the monitoring of blood sugar level also should be mentioned.

6. TITLE: ‘VATAJA PRATISHYAYA(ALLERGIC RHINITIS) AND ITS MANAGEMENT WITH ANU TAILA-NASYA, ASHWAGANDHADI COMPOUND & SHIRISHADI KWATH’.
   SCHOLAR: DR. SHRAWAN KUMAR SAHU           GUIDE: PROF. K.S. DHIMAN
   COGUIDES: DR. D.B. VAGHELA, DR. HITEN MANIAR

   Committee suggested that Botanical names of the trail drug should be mentioned.

7. TITLE: ‘A CLINICAL STUDY ON AYURVEDIC TREATMENT PROTOCOL OF SHUSHKAKSHPAKA (DRY EYE SYNDROME) WITH DRAKSHADI GHRITAPANA, VASANJANA AND ANU TAILA NASYA.’
   SCHOLARS: DR. JADHAV NANDINI M.           GUIDE: PROF. K.S.DHIMAN

   Committee suggested that time of administration of Nasya should be specified.

8. TITLE: ‘A COMPARATIVE STUDY ON THE EFFICACY OF SIDDHARTHAKA AND PANCHAVALKALA PARISHEKA AFTER VIRECHANA IN EKAKUSHTHA (PSORIASIS).’
   SCHOLAR: DR. PRASANTH D                   GUIDE: DR. ANUP. B. THAKAR

9. TITLE: ‘A CLINICO COMPARATIVE STUDY OF VAMANA AND VIRECHANA IN THE MANAGEMENT OF SHWITRA W.S.R TO VITILIGO’
10. TITLE: - "CLINICAL EVALUATION OF SHIKHARI TAILA NASYA AND CHITRAKA HARITAKI AVALEHA IN NASA – ARSHA (NASAL POLYPOSIS)"

SCHOLAR : ACHYUTA G. ATARA GUIDE-DR. MANJUSHA RAJAGOPALA CO-GUIDES-DR. MUKESH NARIA, DR.K.N. PANSARA, DR. HITEN MANIAR

Committee suggested that time of administration of Nasya should be specified. Dose of Shikhari taila should be clarified rationally. Assessment criteria should be mentioned clearly.

11. TITLE: - "A PHARMACO-CLINICAL EVALUATION OF KRIMIGHNA (ANTIHELMINTIC) EFFECT OF "KRIMIGHNA DASHEMANI" IN CHILDREN"

SCHOLAR : RAKESH KUMAR SINGH GUIDE DR. RAJAGOPALA S.
CO-GUIDE DR. K S PATEL

Committee suggested that Adult dose should be mentioned to be considered for the application of Clarke's formula to decide paediatric dose. It should be clarified that if drug is to be prepared and administered in Vati form than dose according to Clarke's formula will be administered?

12. TITLE: - "APPLIED STUDY OF SROTAS AND SROMOTULA W.S.R. TO RAKTAVAH SROTODUSHITI AND ITS MANAGEMENT"

SCHOLAR- DR ANIL D. AVHAD GUIDE -DR. HITESH VYAS
CO-GUIDE - PROF. R. R. DWIVEDI, DR. MUKESH NARIYA

13. TITLE: - "PHARMACO- CLINICAL EVALUATION OF BIJAPPOOR PATRA (LEAVES OF CITRUS MEDICA LINN.) W.S.R. TO INSOMNIA"

SCHOLAR- DR KALPESH PANARA, GUIDE- PROF.K.NISHTESWAR,
CO-GUIDE-DR MANDIP GOYAL AND DR.MUKESH NARIYA

Committee suggested that in clinical study powder of Bijapoor leaves and Jatamansi should be administered with honey instead of capsule form.

14. TITLE: - "A PHARMACO CLINICAL EVALUATION OF PIPPALIMULA (ROOT OF PIPER LONGUM LINN.) W.S.R. TO INSOMNIA"

SCHOLAR- DR KRUTIKA JOSHI, GUIDE- PROF K. NISHTESWAR,
CO-GUIDE-DR MANDIP GOYAL AND DR.MUKESH NARIYA

Committee suggested that in clinical study powder of pippalimoola and Jatamansi rhizome should be administered with Jaggery instead of capsule form.

15. TITLE: - "A COMPARATIVE PHARMACOGNOSTICAL, PHYTOCHEMICAL, AND PHARMACOLOGICAL STUDY OF ROOTS OF PYGMAEOPREMNA HERBACEA (ROXB.) MOLDNK. AND CLERODENDRUM SERRATUM (LINN.) MOON"

SCHOLAR- DR. PRAVEENKUMAR A. GUIDE - PROF. K. NISHTESWAR
CO- GUIDE - DR. V.J. SHUKLA AND DR. MUKESH NARIYA

16. TITLE: - "A PHARMACO - CLINICAL STUDY ON SOURCE DRUGS OF TRIVRUT"
   SCHOLAR: DR. RASIK SHUKLA AND DR. MUKESH NARIYA

17. TITLE: - "A COMPARATIVE PHARMACOGNOSTICAL AND PHYTO-
   PHARMACOLOGICAL STUDY ON THE ROOT SOURCE PLANT SPECIES OF
   GOKSHURA"
   SCHOLAR: DR. BHAVES PATIL
   GUIDE: DR. B.R. PATEL
   CO.GUIDE: DR. V.J. SHUKLA AND DR. MUKESH NARIYA

18. TITLE: - "AN AYURVEDIC MANAGEMENT OF PRIMITIVE CERVICAL CELL
   PATHOLOGY"
   SCHOLAR: DR. AMIT RUPAPARA
   GUIDE: DR. S.B. DONGA
   CO.GUIDE: DR. L.P. DEI

19. TITLE: - "CONCEPT OF SHARIR AND MANAS PRAKRITI IN RELATION TO
   VYADHI UTTPATI"
   SCHOLAR: DR. HETAL AMIN
   GUIDE: DR. M.K. VYAS
   CO.GUIDE: DR. H.A. VYAS

Later on the meeting ended with vote of thanks to the chair.

Prof. (Dr.) J.S. Anand
Chairman IEC
Ex. Dean M.P. Shah Medical College
Jamnagar

To,
All the members of the IEC

Copy to:
1) All the Teaching Head of Department, I.P.G.T. & R.A.